



Below you will find a list of books for children, adolescents, and young adults that share stories from a neurodiverse (and socially/culturally/racially diverse) perspective.

Please enjoy!

Updated November 2022

<i>Book Title</i>	<i>Author/Illustrator</i>	<i>Diversity/Difference</i>	<i>Type</i>
<u>A Boy Called Bat (series)</u>	Elana K. Arnolda	Autism	Chapter book
<u>A Mango Shaped Space</u>	Wendy Mass	Synesthesia	Chapter book
<u>Ada Twist, Scientist</u>	Andrea Beaty & David Roberts	Giftedness, Black excellence	Picture book
<u>Beekle: The Unimaginary Friend</u>	Dan Santat	Social anxiety, imaginary friends	Picture book
<u>Can I Play Too?</u>	Mo Willems	Physical difference	Picture book
<u>Counting by 7s</u>	Holly Goldberg	Giftedness, quirky, difficulty making friends	Chapter book
<u>Dory Fantasmagory (series)</u>	Abby Hanlon	Challenging behavior, high imagination, difficulty learning to read	Illustrated chapter book
<u>El Deafo</u>	Cece Bell	Deaf & Hard of Hearing	Graphic novel
<u>Eleanor & Park</u>	Rainbow Rowell	Geek culture, first love	Teen & young adult
<u>Fish in a Tree</u>	Lynda Hunt	Dyslexia	Chapter book
<u>Hello Universe</u>	Erin Entrada Kelly	Shyness, feeling misunderstood	Chapter book
<u>Picky the Panda and the Tickly Tail</u>	Melissa Finkelstein	Sensory Differences and Empathy	Picture Book

Wiggles, Stomps, and Squeezes Calm My Jitters Down	Lindsay Rowe Parker, Rebecca Burgess	Sensory Differences	Picture Book
Joey's Heart	Renee Allen, Faiza Farooq	Sensory Processing, Interoception	Picture Book
Olga: And the Smelly Thing from Nowhere	Elise Gravel	Quirky personality, loves animals and science, struggles with human relationships	Graphic novel
Quiet Power	Susan Cain et al.	Introverts	Nonfiction, teens & young adults
Scaredy Squirrel (series)	Melanie Watt	Anxiety, fear, OCD	Picture book
Song for a Whale	Lynne Kelly	Deaf & Hard of Hearing	Chapter book
When Stars are Scattered	Victoria Jamison & Omar Mohamed	Nonspeaking, refugee	Graphic novel
Wonder	R. J. Palacio	Significant facial difference	Chapter book
My Brother Otto	Meg Raby, Elisa Pallmer	Autism	Picture book
When Johnny Doesn't Flap	Clay Morton, Gail Morton, Alex Merry	Autism (a book about NT from the autistic perspective)	Picture book
A Kind of Spark	Elle McNicoll	Autism	Chapter
The Autistic Boy In the Unruly Body	Gregory C. Tinto, Patittoo	Autism/ dyspraxia/ non-speaking	Picture book
Too Sticky	Jen Malia, Joanne Lew-Vriethoff	Sensory	Picture book
Don't Hug Doug	Carrie Finison, Daniel Wiseman	Sensory and Consent	Picture book
Brayden Speaks up	Brayden Harrington, Betty Tang	Speech differences	Picture book

The World Needs More Purple People	Kristen Bell, Benjamin Hart, Daniel Wiseman	Advocacy	Picture book
What Happened to You?	James Catchpole, Karen George	Physical Disability	Picture book
Be the Change Make it Happen: big and small ways kids can make a difference	Bernadette Russell	Advocacy	Picture book
I am Whole	Shola Oz	Mixed Race family	Picture book
Most Perfect You	Jazmyn Simon, Tamisha Anthony	Acceptance of self	Picture book
And Tango Makes Three	Justin Richardson, Peter Parnell, Henry Cole	A family with two dads	Picture book
Last Stop on Market Street	Matt de la Peña, Christian Robinson	socio-economic status	Picture book
Hair Love	Matthew A Cherry, Vashti Harrison	Race differences	Picture book
My Rainbow	Deshanna Neal, Trinity Neal, Art Twink	Race, autism, transgender	Picture book
The Rabbit Listened	Cori Doerrfeld	Emotions (co-regulation)	Picture book
The Invisible String	Patrice Karst, Joanne Lew-Vriethoff	Grief, loss, seperation	Picture book
Beautiful Oops	Barney Saltzberg	Emotions, making mistakes	Picture book
Different A Great Thing to Be!	Heather Avis, Sarah Mensinga	about personality differences + advocacy for differences	Picture book
I Need a Hug	Aaron Blabey	Emotions + friendship	Picture book
My Friend is Sad	Mo Willems	Emotions	Picture book

This Kid Can Hyperfocus	Patty DeDurr, Eduardo Paj	ADHD	Picture book
Just Ask!: Be Different, Brave Be You!	Sonia Sotomayor, Rafael López	All disabilities and differences	Picture book
Standing up for Myself	Evaleen Whelton	An empowering book for Neurodivergent kids and teens about boundaries, sensitivities, personal space, consent, power play, and advocacy (Autism)	Chapter book
The Brain Forest	Sandhya Menon, Kushla Ross	Neurodivergent/understanding and celebrating different brains	Picture book
Different Not Less	Chloe Hayden	A Neurodivergent's Guide to Embracing Your True Self and Finding Your Happily Ever After	Chapter Book
My Brain is Magic: A Sensory-Seeking Celebration	Prasha Sooful, Geeta Ladi	Neurodiversity and Sensory Processing	Picture book
Paisley the Perfectionist	Nicole Filippone	A Generalized Anxiety Disorder Story	Picture book
Rosalee the Seeker	Nicole Filippone	Sensory Processing	Picture book
Alexander the Avider	Nicole Filippone	Sensory Processing	Picture book
Sensory Seeking Sebastian	Christia DeShields, Marissa Nelson	Empowering Sensory Seekers	Picture book
The Torah Who Doesn't Like to be Kissed	Dr. Sholom Zimmerman	Explaining SPD to Jewish Children	Picture book